

FROM YOUR FRIENDS AT THE CLIFTON RECREATION DEPARTMENT



FAMILY ACTIVITIES TO DO WHILE YOU ARE AT HOME STAYING SAFE!

- Have a costume / Dress up night
- Eat dinner picnic style
- Use an egg container to plant seeds for the spring
- Have a scavenger hunt
- Movie night - & decorate the room based on the theme of the movie
- Film your own family cooking show
- Have a Karaoke night
- Do a puzzle
- Learn Yoga
- Read a Book
- Write a Short Story
- Invent your own board game
- Have a Spa Night
- Play Charades
- Make homemade greeting Cards
- Listen to Music
- Dance
- Create a new recipe
- Exercise as a family
- Groom your pet
- Teach your pet a new trick
- Make a family collage
- Create a family playlist
- Learn a new language on Duolingo
- Reorganize a book shelf, the basement or garage
- Create a scrap book
- Write a letter to your relatives
- Write a letter to your friends
- Go through old toys and games to give away
- Go through your closet and see what you can give away
- Write a play
- Make musical instruments from household items
- Perform a puppet show
- Create a family contest
- Have a hair and makeup day
- Paint rocks from your yard for your garden
- Have a campout – put your tent indoors or in your yard or make a tent from sheets
- Learn about the galaxy and search for constellations at night
- Build your one recycle city with household recycle items (cups, cereal boxes, toilet paper tubes, etc.)
- Teach your kids/ teens some life skills like: cooking, laundry, sewing, basic science, how to use tools, how to balance a checkbook, money exchange, car mechanics, etc.
- Have a fashion show
- Make a list of things to do to make the world a better place to live
- Make an obstacle course
- Take a safe walk about the block – remember the social distancing rules
- Lip Sync Contest
- Create a Minute to Win It Challenge
- Teach Kids Cat's Cradle and other string games
- Make a time capsule
- Have an indoor snowball fight with paper balls
- Develop a family wish list
- Make a friendship bracelet and mail one to your friend
- Make sock puppets
- Do a movie sing-a-long
- Have a family talent show

